

CYCLE TRAINING SUMMARY

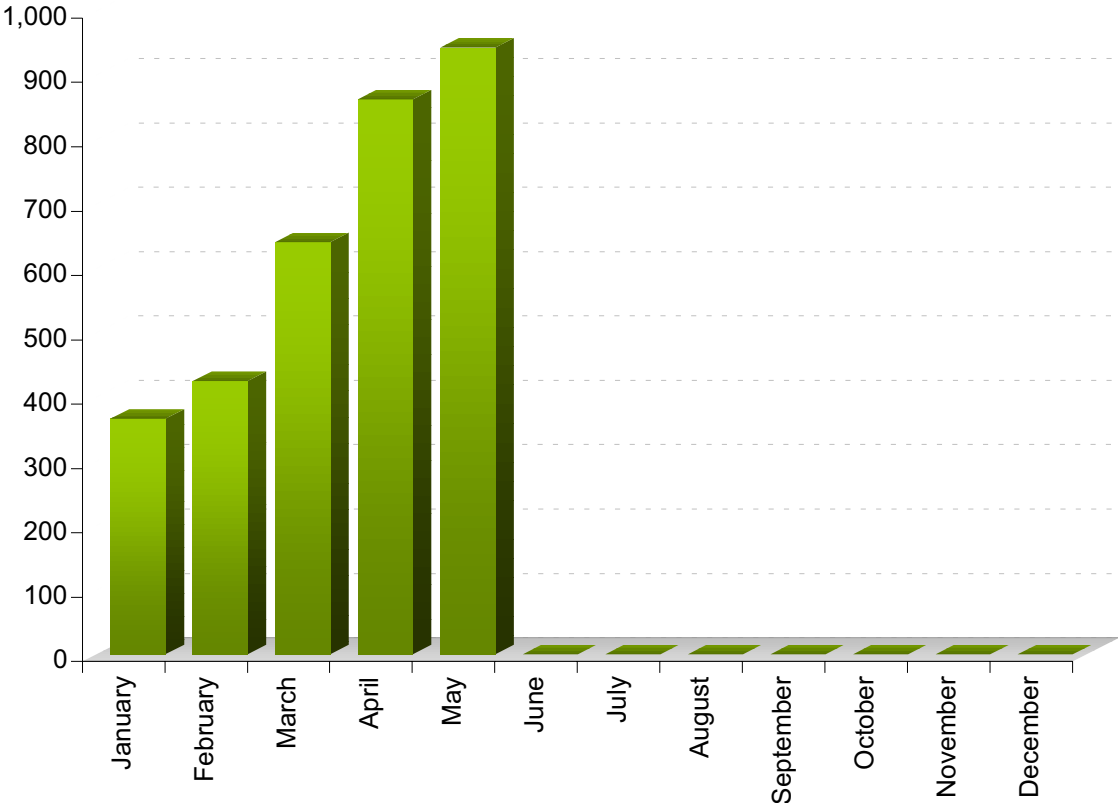
CY 2002

MILES RIDDEN BY MONTH

	Σ	+/-	% CY
January	366	--	11%
February	425	59	13%
March	641	216	20%
April	862	221	27%
May	943	81	29%
June	0	-943	0%
July	0	0	0%
August	0	0	0%
September	0	0	0%
October	0	0	0%
November	0	0	0%
December	0	0	0%

CY Total 3,237

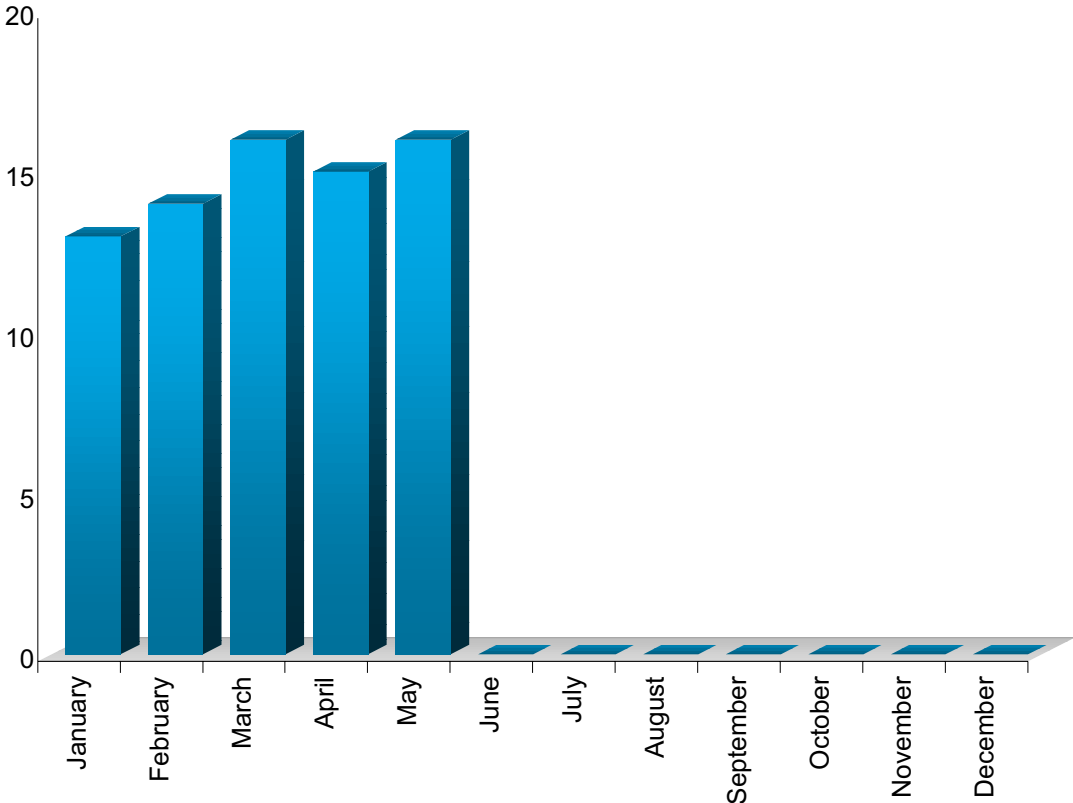
Longest single-day ride: 126



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CY 2002

RIDING DAYS PER MONTH

	Σ	+/-	% CY
January	13	--	18%
February	14	1	19%
March	16	2	22%
April	15	-1	20%
May	16	1	22%
June	0	-16	0%
July	0	0	0%
August	0	0	0%
September	0	0	0%
October	0	0	0%
November	0	0	0%
December	0	0	0%
CY Total	74		

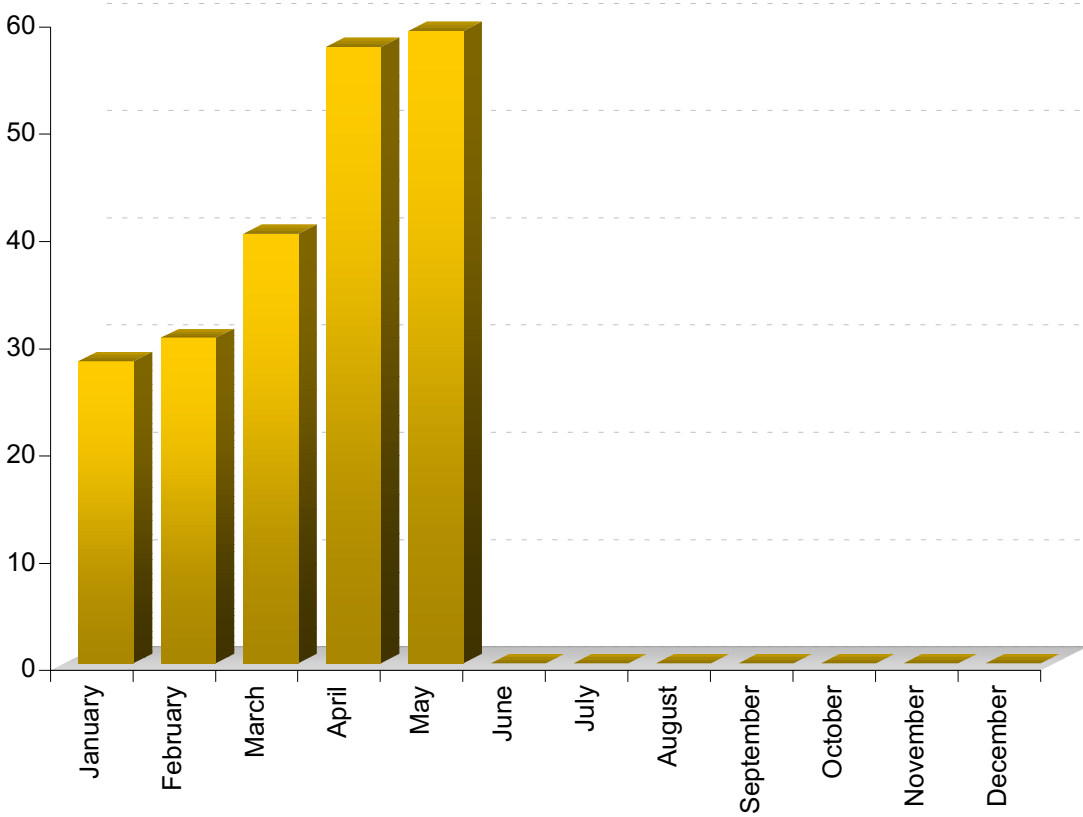


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AVERAGE DISTANCE PER RIDING DAY

	Avg.	+/-	Index
January	28	--	0.64
February	30	2	0.69
March	40	10	0.92
April	57	17	1.31
May	59	1	1.35
June	#####	#####	#####
July	#####	#####	#####
August	#####	#####	#####
September	#####	#####	#####
October	#####	#####	#####
November	#####	#####	#####
December	#####	#####	#####

CY Avg. 44



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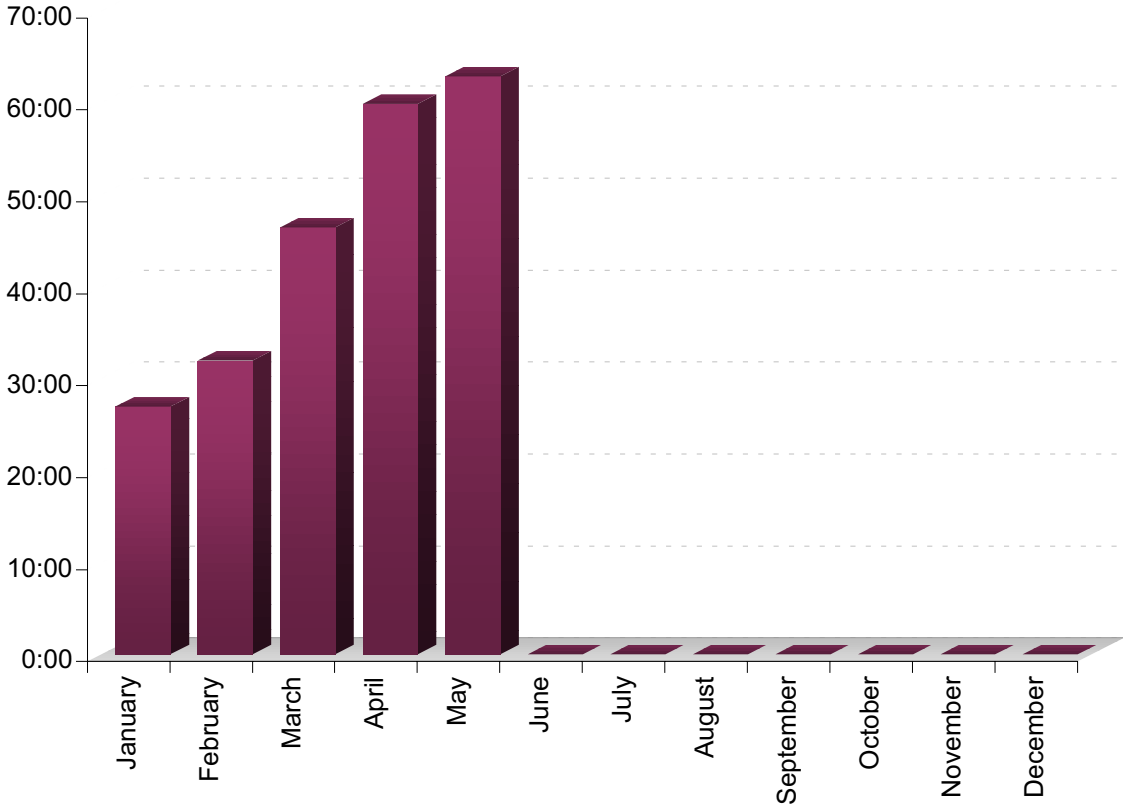
CY 2002

SADDLE TIME BY MONTH

	Σ	+/-	% CY
January	26:58	--	12%
February	32:00	5:02	14%
March	46:26	14:26	20%
April	59:52	13:26	26%
May	62:53	3:01	28%
June	0:00	-62:53	0%
July	0:00	0:00	0%
August	0:00	0:00	0%
September	0:00	0:00	0%
October	0:00	0:00	0%
November	0:00	0:00	0%
December	0:00	0:00	0%

CY Total 228:09

Longest single-day ride: 7:48



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FASTEST DESCENT SPEED ATTAINED

This year: 49.1 mph
Last year: 61.1 mph

