



AIDS/LifeCycle 2

presented by



As the Wheels Turn

The Daily AIDS/LifeCycle Newsletter

DAY 7
Saturday
JUNE 14, 2003

Official media sponsor



Today's Route

**Ventura to
Los Angeles
68.3**

**Route Opens
6:00am**

**Rest Stop 1 - 20.4
6:30am-10am**

**Rest Stop 2 - 32.7
7:00am-11:30am**

**Lunch - 45.8
8:00am-1pm**

**Holding Area
Closes at 3:15pm**

A Day for Reflection

Cyclists pedaled reluctantly out of Camp on Friday, into by now familiar crisp air and overcast skies. The forecast had called for cold and clouds all day, and after suffering through a very chilly night, many ALC2 participants found it difficult to crawl out of their warm sleeping bags.

But, shortly into the route, around Gaviota, a town seldom, if ever, seen by ALC cyclists unencumbered by fog, the sun began peeking out of the clouds as riders climbed and descended rolling hills on their way towards the Ocean.

At rest stops, while basking in the sun and glimpsing



A moment for contemplation on Day 6

into the Pacific, cyclists, roadies and staff reflected on the past week and what this incredible journey has meant to each them.

There were several sentiments that seemed shared among ALC2 participants — pride and a sense of accomplishment; a new understanding of their own strengths and limitations; awe for, and amazement at the courage and sheer bravery of their fellow participants; and, most of all, a renewed commitment to the fight against HIV/AIDS.

But, the word heard most coming from ALC2 participants was “community.” The power of community found



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A Day for Reflection continued

expression again and again over the past week. Community — between ALC2 participants — and among participants and residents of the communities we traveled through. A sense of belonging was palpable throughout — from volunteers, staff and other riders cheering on

fellow cyclists at the crest of a particularly tough hill, to the tremendous and moving standing ovation given at dinner on Day 5 to the last cyclists entering Camp after the very long day, to the impromptu rest stops set up along the route by locals. Another of those unscheduled stops popped up just past the beaches in Santa Barbara

on Friday, thanks to a group of local AIDS services organizations who, with the help of local businesses, provided free ice cream, strawberries and other assorted goodies to passing cyclists. As stop organizer Janet Stanley pointed out, “You do this for all of us.”

The air was full of excitement, anticipation and a hint of melancholy as cyclists arrived at Camp in Ventura.

Now, it’s on to L.A.!



Rest Stop of the Day

Today’s poll found cyclists hard-pressed to pick their favorite theme. Fittingly, (or sometimes not so fittingly), Day 6 saw the most competitive and creative themes of ALC2. Rest Stop 1, or as they called themselves, “Dress Stop 1,” glammed it up in ladies formal wear. Rest Stop 2 were a little slice of Heaven, and Rest Stop 4 played ball as Dykes off Bykes. But, it was the Aliens of Rest Stop 3 that were not of this planet, but out of this world!

TODAY’S WEATHER

Morning - Mostly Cloudy

Afternoon - Partly Cloudy

High - 74°

Low - 56°

Humidity 61%

Winds W 10-15 mph

BREAKFAST MENU

Scrambled Eggs

Biscuits and Gravy

Chicken Fried Steak

Assorted Danish Muffins

Grapefruit

Oatmeal

Assorted Dry Cereal

LUNCH MENU

Chicken Caesar Salad

Red Pepper Roll-Up

Four Bean Salad

Fresh Fruit

Dessert Snack

Visit the Camp Store at Closing Ceremonies!

Don’t miss your opportunity for last-minute purchases of ALC2 merchandise at the Camp Store today!

And, don’t forget to take advantage of Early Registration for ALC3 for you, your family and friends!

The Camp Store will be located in the Family Meet-and-Greet Area.

Store Hours: 2pm - 5:30pm.



With no Rest Stop 4 on Day 5, the guys still got into the spirit, welcoming cyclists back to Camp.

AIDS/LifeCycle 2

Closing Ceremony Schedule

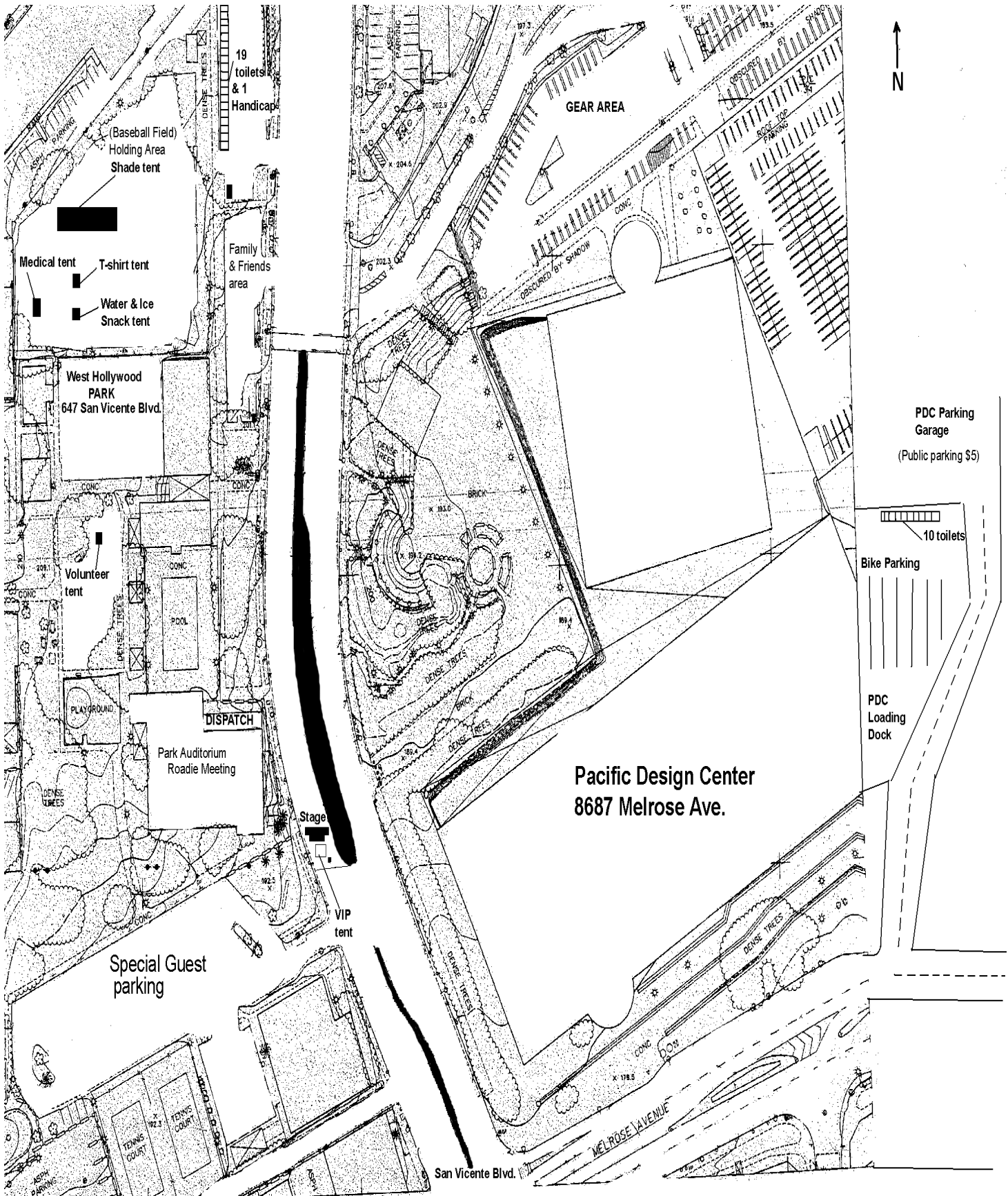
- 10:00am** **Holding Area Opens**
- 3:30pm** **Cyclists Line-Up**
- 3:45pm** **Closing Ceremony Prelude**
- 4:00pm** **Closing Ceremony**
- 4:05pm** **Cyclists' Last Lap to Ceremony Stage**
- 4:25pm** **Roadies Called to Stage**
- 4:45pm** **Closing Ceremony Concludes**

GEAR PICK-UP

Please note that there will be NO Holding Area gear truck today. All Gear trucks will be staged across the street from the holding area.

BIKE SHIPPING

For cyclists using McCollister's to ship bikes back to SF: McCollister's will be on-site by 1:00pm. Anyone departing prior to the Closing Ceremony — take note!



Map of the Closing Ceremony for AIDS Life Cycle 2